

❖ LESSON 4 ❖

CHANGING CONCEPTS: THE SCIENCE OF THOUGHT TRAINING

Focal point:

Colossians 2:8 *See to it that no one takes you captive through hollow and deceptive philosophy, which depends on human tradition and the basic principles of this world rather than on Christ.*

Colossians 3:2-3 *Set your minds on things above, not on earthly things.*

Required Reading:

The Blueprint

- Chapter 5
- Chapter 6

Suggestive Reading:

- Colossians 1, 2 & 3

Overview:

In this transformational training, we will discover and focus on the ability to create healthy thought patterns that will translate into healthy living. Our words are a manifestation of our thoughts and our lives are manifestations of our words. There is really no other way to put it. Whether good or bad, there is nothing operating in our lives that we haven’t agreed with, through word, speech or a cycle of thoughts. What we think on the most is what will happen.

We can be sure that our world will not take shape of what we say, only the things we say that we actually believe deep down inside. You see, by changing our thoughts we are actually changing our will. Within our will is what we truly think, hold on to and believe. That will is the most powerful force operating within man, it is who we are and it determines our stance. Whatever we are attracting into our lives is actually a result of that will- thoughts, decisions and words. Which means reshaping our thoughts is the doorway to reshaping our entire identity and the world around us.

We must not leave this important subject matter out of the journey to experiencing real Kingdom manifestation in every day life. Many people want a real breakthrough or they want a real change in the results with the Kingdom experience, but many are not willing to do what it takes to see that positive change. That’s your want vs. will, which are two totally different things.

Jesus was always sure to ask anyone who sought real breakthrough from him, “Have you willed it first?” Well, he said it like this, “Will thou be made whole?” See, Jesus was determined to help or assist any person in the process of obtaining real breakthrough; he was committed to them receiving the change more than they were.

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However, there were many instances Jesus “could not do miracles,” (Mark 6:5) because people had unbelief- they did not will it in their heart. I think often times people confuse or rather they only equate unbelief to doubt, or a fear that something won't happen.

However, unbelief stretches beyond those definitions into the realm of what we actually desire on the inside. Anything you want but have not willed is viewed as unbelief in God's sight. Think of it likes this, whatever it is that you believe that hinders God from moving in your life is viewed as and unbelief in his eyes. That is why the power of thought training is so important, because as we reshape our thoughts we are reshaping our will, and ultimately reshaping our lives. However, thought training doesn't happen over night, it takes real consistency, mental disciplining and accountability to the word, and constant awareness of what one is thinking in order to truly adopt a new thought pattern and manifest it. This lesson is designed to capture the heart of thought training and how to leverage those new Kingdom philosophies to produce healthy atmospheres and environments for those new words and that new life in you to emerge and thrive within.

Even if we say what is right, negative forces and energy fields we have created through years and years of negative mentalities and language will paralyze those words. The only things that can put us back in bondage are the negative forces we create through erroneous information we take in about God, life and ourselves. That is why Jesus sits at right hand of God, which is actually a picture illustrating a mental position and paradigm of the awareness of His all inclusive power and authentic eternal reign he possesses waiting to rule from the governing seat of your heart; thoughts, will emotions and decisions.

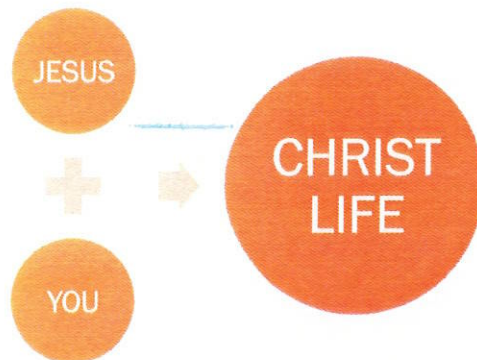
In other words, you're not the only one living in YOU. There is more than one person at home and inviting Jesus into your life as Lord is a welcoming of his presence to rule in your heart. Therefore, Jesus sits at the throne of your heart waiting to exchange thoughts with you. He wants to cast down every high thought that exalts itself against him and what he's said about you in his word.

He will show you how to press the delete button on every idea that comes from you or others that does not line up with His word. He will exchange thoughts with you, thus exchange His life pattern in you by your constant reevaluation and reputation of His word in your life. This is how you awaken the sleeping giant within you. Your thoughts are the source of your life and it's important those thoughts, will, emotions and words line up with God so that you can began attracting to you everything that resembles God and his nature. You are going to learn how to actualize the Kingdom in your heart, making it an actual existence that you live out of everyday above and beyond the basic capacities of life.

Lesson 4 Curriculum

10 Stage Learning Plan: Breakthrough learning, winning solutions & results-oriented training.

I. Houseguest: The Concept of Christ in YOU



- a. **“The same mind in Christ Jesus be in you also” (Philippians 2:5)**
- b. Having a Kingdom paradigm is founded on the basic principle of having a Christ mindset PRODUCING THE CHRIST LIFE. As a king rules from the throne seat of His Kingdom, so Jesus rules from the governing seat of our hearts by introducing new concepts, principles and attitudes to us daily to live by and conform to. The only way we can conform to the “image of the Son” (Romans 8:30), is by conforming to his ideas, view points and belief systems.
- c. If the Holy Spirit is in you then Christ is in you, if Christ is in you then God is in YOU. In other words, you aren’t the only one living in you. You’ve got a houseguest. A constant awareness of His government seat in you should create great expectations everyday.
- d. **Take note: Just because you believe in God, doesn’t mean you have the same beliefs as God.** An important point to take in considering God is a supreme spirit, who rules our world with superior concepts. If you want to be victorious at life you have to tap into his life flow that’s in you a continuous stream of rich, healthy, life generating thoughts waiting to be tapped into. If you want to defeat the devil you have to outthink him!
 - i. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ (2 Corinthians 10:4-6)
 - ii. **Making thoughts captive to Christ: Remember your battle isn’t**

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flesh and blood; it’s mental, spiritual and emotional. You must become a master at life by mastering your will, emotions, thoughts patterns, decisions, and behaviors. You do this by mentally disciplining your thoughts to line up with the word, and when they don’t hold them captive to the Word, that is how they become obedient to Christ. The goal is to change the source of your thoughts, by making them captive to Jesus. Let Jesus think through you, and you can become a master decision maker, operating in architecture and genius designing your life with excellent decisions.

- e. If you want to win at life you have to win everyday. Life is experienced one day at a time, so you have to have authority over the day to have authority over your life. If you want authority over the day you must have dominion in your thoughts, words, behaviors, and decisions. This is taking order in our thought life. Many people want dominion in life, but don’t know how to have a good day. Have a good day before you try to have a good life. Our life is an accumulation of the decisions we make everyday.
 - i. **Example:** A person may not see the harm in pushing back a simple but important task such as paying a light bill. They may procrastinate on getting paid one day, two days, three days and four days and so one. Soon they have forgotten to handle this simple minor task but when the lights are shut off this little task becomes a big problem. The problem with the lights being shut off didn’t start there, it is actually an accumulation of the decisions made day after to put off paying it. In order to see the value in thought training and exchanging thoughts with Christ we need to understand this principle: **LITTLE THINGS MAKE A BIG DIFFERENCE.** Invest daily into your thought life and the results will be sure to pay off!
 - ii. If you order your thoughts, you’ll order your decisions, then you’ll order your behaviors and everyday those behaviors will accumulate something. Eventually your consistency in positive life giving thoughts and words will produce an offspring of excellent living.
- f. **So what’s your plan?** How will you create the value in your day so that you value your decisions and your time? How will you create the right perceptions of truth concerning the principles and keys that Jesus is patiently waiting on the seating of your heart to download to you everyday? Every day he has an idea, thought or new philosophy he wants to expose to you. It’s the principle of transferring his DNA. By giving you his thoughts everyday he is transferring himself to you. Let’s look at a design and plan based on Kingdom concepts that will teach you to master thought training and to excel in the new truths you are taught and are receiving as downloads from Christ’s nature in you. Let’s look at an intense 10 step training guide to creating healthy thought patterns for a healthy thought life and creative success paths wherever you go and place your foot.

II. 10 Step learning and transformation plan

- “The brain, once stretched by a new idea, never regains its original dimensions.” – Oliver Wendell Holmes

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- i. “And you shall know the “truth” and the truth shall set you free. The only thing that frees you is learned and acted upon truth.
- You cannot rise of above your persuasions. You can only change based on previous knowledge. You cannot change without new information. Your change is in proportion to previous information/knowledge. When God wants to bring change, he will bring new revelations. You are what you believe. God respects the power of will and will never violate it, therefore you are where you are as a result of decisions. Those decisions are based on belief systems. Just because you believe in God doesn’t mean you have the same belief systems.

III. Stages of breakthrough in learning

- ❖ **Stage 1.** The Breaking Point- The concept of something old is broken, severed or dislocated. The point at which the former has become obsolete as a result of new information introduced. Here the ties with bad philosophy or a badly held belief system are confronted with higher truth. The point at which the “ah ha” moment has occurred is a “paradigm shift.”

- **Definitions of breaking point:**

1. The degree of tension or stress at which something breaks.
2. The moment of crisis in a situation
3. The point at which a condition or situation becomes critical.
4. The point at which a person, object or structure collapses under pressure.
**God wants to shatter bad beliefs with the weight of Kingdom truth.*

- **Gestalt Learning theory-** suggests the brain is preprogrammed to function symmetrically as a “whole.” That means we perceive things better as a “whole” or a part of a functioning system. Therefore, use new information to evaluate where old information has taken you. How has what you’ve believed up until this point worked for you? Be honest. If it isn’t working you may need to go to the King and ask him for new ideas, and measure how the new truth can take you where you want to go. It’s all one whole: our daily decisions, declarations and habits are subsystems that make up the “whole” of our life.

- **We need to be stretched by new truth because we cannot rise above what we don’t know.** Let me show you how this works.

- We solve problems in 2 ways:

- 1) **Productive thinking** is solving a problem with insight. This is a quick insightful unplanned response to situations and environmental interaction.
- 2) **Reproductive thinking** is solving a problem with previous experiences and what is already known.

- ❖ This is very common thinking. For example, when a person is given several segments of information, he/she **deliberately** examines the relationships

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among its parts, analyzes their purpose, concept, and totality, he/she reaches the "aha!" moment, using what is already known. Understanding in this case happens **intentionally** by reproductive thinking.

➤ We can only change based on the level of previous information. You can never rise above your previous knowledge.

- ❖ Even when we solve problems both ways, it’s done based on previous experience or information.
- ❖ Without systematic teaching, we teach without a linear equation. Kingdom teaching resolves this problem as it strategically reveals and links all of God’s principles and laws as (sub) models that work together overall functioning God’s entire vehicle called “the Kingdom.”
- ❖ Breakthrough in learning happens when we see the relevance of God’s spiritual laws and principles in our everyday life. We cannot perceive God and his Kingdom separate or God and his laws separate. He is the King, the Kingdom and the (divine) law.
- ❖ Since our minds function “holistically” we cannot change philosophy based on religious information. We need systematic teaching, that shows the “whole” picture and each piece causes an effect, how prayer operates, how confession works, how faith functions, how the laws of prosperity and abundance function. Systematic or holistic teaching is the only answer to creating a real breakthrough. We must teach in a linear equation. Show where the dots and lines connect, otherwise individuals will fill them in with bad understanding or their own form or strange vision of God.

❖ Stage 2. Prophetic Authority-

This is where you meditate on that truth by proclaiming and uttering those truths aloud. “Joshua the only way you can walk in my supernatural provision, success and prosperity in every way you choose is to meditate or make & declare prophetic utterance of my Word over you and your life.

What do people do after they learn something new they are excited about? What do people do when they see a great movie (breaking point)? They all tell someone about it, they declare it, or meditate on it.

Prophetic authority gives that new information permission to exist. Prophecy to whatever you have experienced the shift in. Prophecy. This is where divine instruction and strategy are given, “That you all may prophesy and be encouraged and instructed.”

- Words influence thought just as thoughts influence words.
- Words are the release of thought energy
- You create a “magnetic” field with your Words.
- Your words are either light or dark. Blessing or Curse. Life or Death.
- The quality of your life, and the impact of death is in the power of your tongue. (Proverbs 18:31)

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- You are the sum total of your thought & word energy. As a man thinketh so is he (Proverbs 23:7)
- DAY AND NIGHT- Every day. Consistency.
- Increase value of life, self worth, time and Kingdom. By increasing your value of Destiny.
- Are you perceiving your worth?
- Words make things apart of our world.

❖ Stage 3. New Self-Conversation

The "I AM"

The conversation you are having about yourself on the inside should be gradually conforming to what the Word says about you. Allow God’s principles to inspire a healthy picture of a new you as you declare the Word, discuss it with like minded individuals and pray over it, you’ll be reshaping your identity and out of that self perception you will begin to make decisions, take chances and expect great things.

- Condition your mind.
- Adjust your self-picture.
- Detox unhealthy thoughts, ideas and self-perspectives.
- Hold up lies you believe to the Word and throw out what doesn’t line up
- Kick negative pessimistic people out of your life.
- Learn to love people from a distance, because if a relationship is toxic to God’s Word in your heart you have to step away.
- What you allow to come in during transition is the key that determines that outcome of the current change taking place.
- Daily discuss the positive picture in God’s Word about you with yourself.

Stage 4. Supercharge your atmosphere

Recognize that humans are big balls of energy. Our words combined with our thoughts to create spiritual umbrellas and magnetic fields that are responsible for what we draw in our life now. Magnetic fields release discharge as a result of the degree of tension or stress. A good example is the clouds. Lightning and thunder are a release of tension & built up energy. The Key: Repetition; over and over. Keep talking about it, saying it and declaring it into your atmosphere.

Sometimes we have to speak the right things for 60-90 days to see a real change there. Other times longer, however eventually what was being sowed in words will start manifesting tangibly. When we throw up our faith in dark atmospheres our words become paralyzed and can’t do what they are sent to accomplish.

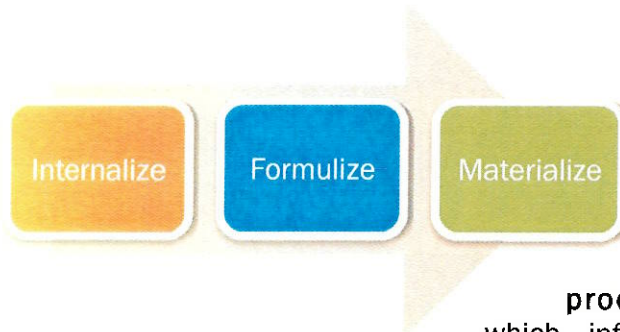
Seek out God’s thoughts and exchange them with yours. Allow his thoughts to overtake your mind. He wants to live through you and breathe through you. Out of that unlimited breath you should be declaring that your territory enlarges, that wealthy people find you and that your gates remain open day and night. This is supercharging your atmosphere with the Word, saying as many positive confessions

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as you can inside thirty minutes to an hour daily will totally revamp and reposition your spiritual walk.

❖ Stage 5. Actualize

Actualization happens in three stages as covered in our first lesson, let’s review them: (Always be sure you are accountable to this process in gaining new revelation for breakthrough.)



Review of the Kingdom process: spiritual adaptation. These are the 3 levels:

- a. Now, there are three levels to spiritual adaptation, which completes the Kingdom process. 1) **Internalize**- the point at which information is new and beginning conception. 2) **Formulize**- the point at which constant/consistent repetition creates persuasion and familiarity. At this stage ownership of certain truths emerges & your mind begins to conform to God’s mind. 3) **Materialize**- the point at which ownership reaches a level of finesse and high subconscious activity. It is usually evident in some tangible form. This is where the principle begins to materialize and takes over one’s reality.
- b. Every core driving point of culture we examine requires this 3 level process in order for us to successfully “own” a spiritual principle or truth. In the Kingdom, you can only manifest what you are, nothing else. This is the mindset and law of “I am.”
- c. I am- is the now factor that governs Kingdom operation. Everything the Kingdom has for you is now. You must perceive blessing now, increase now, wealth now, authority now and honor now. You cannot live off the future you must become that future by actualizing God’s existent Kingdom within you now. “Now is the Kingdom, power & glory.” Without now, the Kingdom cannot impact your life today.
- d. 3 levels of adaptations reference:
 - i. Ask and you shall be given to you: *Internalize*
 - ii. Seek and you shall find: *Formulize*
 - iii. Knock and the door will be opened you: *Materialize*
- e. **Luke 17:21**- neither will they say, 'Look, here!' or, 'Look, there!' for behold, the Kingdom of God is within you."

❖ Stage 6: The Law of Action:

I began to take at least one step of action toward seeing that new revelation fulfilled. What can I do to take action on this? Sow? Give? Look for opportunities to walk in your newfound truth. It works. (The Blessing of Melchizadek, the 10% tithe, a

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general offering of all his riches old and new at one time. A signifier of God as sustainer and provider.)

Must follow through. Constant action. 95% people who make “New Year” resolutions, by the 15th, have broken or stopped following through and given up.

You can’t change with out Goals

Keys to follow through:

What does it take, to make continual progress and follow through in new truth?

- Make a commitment.
- Ask WHY? Without a strong why, you’ll give up!
- A strong why creates a shift! It’s where the mental clicking takes place.
- Change how you measure progress.
- Take some action toward your vision everyday.
- Thank God for every increase and forward progression.
- Identify distractions: Negative voices, relationships, music, etc.
- Emotional balance. Monitor faith. Build Great relationships. Focus.
- How you define yourself determines habits, actions and follow through. When and what caused you to believe that about yourself?
- Make GOALS. Can’t change without goals. What’s going to be different?
- Daily Victories build confidence. Break down your goals into simple daily tasks that are actually action plans.
- After you know what ~~know~~ needs to change, back it up with new actions to take everyday.

❖ **Stage 7: Measure Your Progress**

This stage is simple. Take the new Kingdom truth you’ve believed and are exercising and draw a straight line between where you were before you believed it and where believing this new truth has taken you. Now, once you do that, compare it to where you once were when you believed old or previous information. You’re going to find that the Kingdom truth you’ve tapped into has accelerated your path, enlarged your vision or caused you to change seasons.

Keep in mind: Don’t be discouraged if the new truth isn’t producing as much fruit as when you started, you may have “shifted” seasons and it may be time for new revelation. In that case begin this process again. Ask, seek and knock etc.... allow God to bring you into a new season of new truth again. You may have been challenged to increase your vision for the business based on what you’ve learned and the results you’ve produced. Don’t think limited, produce a greater vision by seeking God’s influence through Kingdom principles. The more you do this the more you are mastering life and naturally becoming a person of influence no matter the environment God places you in.

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- ❖ Be honest with yourself. Don’t be afraid to confront old beliefs that haven’t gotten you anywhere
- ❖ Don’t be subject to self-denial. A person who hears the word but is unable to apply has no real revelation of what he saw or read.
- ❖ Stretching yourself by examining progress makes you accountable to confronting belief systems that are no longer working.
- ❖ Jesus encouraged his disciples that the Kingdom operates by “seasons” or doors and your ability to discern that season will make what truth you believe all the more effective
- ❖ It’s possible to apply truth out of season. Don’t let this be you, gain understanding of where you are to apply correct principles
- ❖ You can leverage this spiritual process to gain more influence in your respective garden and within the 7 spheres of influence in the marketplace.
- ❖ Don’t be discouraged if your vision changes as God enlarges it, this is a positive change, flow with it and ask questions later.
- ❖ Leverage this stage of measuring progress to master or add finer distinctions to your overall quality of life.

❖ Stage 8: Building Confidence

The more you realize the effectiveness of properly receiving, adjusting to, actualizing, and applying real Kingdom truth, the more you will apply this same process of breakthrough learning to any area of your life. Be sure that it will work with whatever God teaches you. This process ensures that you become the truth you have sought out, because in the Kingdom you do not attract what you want, you attract who you are. Breakthrough learning creates a spiritual metamorphosis and conforms you into that new revelation you are receiving.

You can also be sure that God will reveal more and more to you because a learning process makes you accountable to stewarding God’s truth. He will not cast pearl to swine, too many people are like the first 3 sowers in *the parable of the sower* in Matthew chapter 13, they have no root, so they lose new truth God gives them because they haven’t gone through a process of breakthrough learning. Roots represent, “root systems” this illustrates the importance of “systematic teaching. It could be a revelation one receives to increase profits in their business or expand ministry impact. Truth cannot affect you until you become it through a transformational process. Stick with it, keep building confidence and repeating the process with every truth you receive from the King.

- ❖ Revelation must be stewarded by the recipient in order to create a continuous flow of Kingdom truth
- ❖ Confidence comes as a result of the breakthrough new information has initiated
- ❖ You are not likely to do what you don’t see value in or have confidence in. Breakthrough learning is the key to creating that confidence you need to keep stepping out on the Word of God.
- ❖ A learning process makes you accountable to new truth you receive from the King

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- ❖ God doesn’t give spiritual resources to those who don’t administrate and steward them properly
- ❖ Manage spiritual things with mastery before trying to master physical things.
- ❖ You can only manifest what you are in the Kingdom, not what you want.
- ❖ Breakthrough learning ensures that you “own” those new truths.

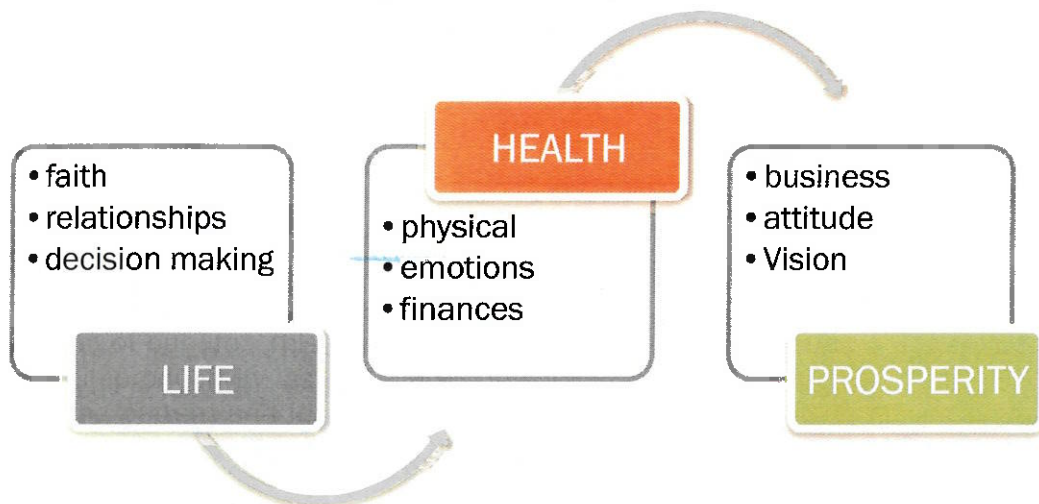
Stage 9: Problem Solve With Winning Solutions

The purpose of transformational teaching is to create transformational change or permanent breakthrough. The point at which one crosses the threshold of change and there is no return. The Word of God is transformational learning and through correctly guided practice the royal governor, the Holy Spirit, will teach you how to win with those truths.

With that said you must realize the next stage in this breakthrough process of learning, which is to become a problem solver using the Kingdom techniques provided in this lesson. Your quality of life is dependent upon your ability to solve problems and nothing else. Christ died so that you could have the winning solution to every one of life’s problems. This is his plan behind his “shalom.”: to give you a winning strategy and formula for producing nothing but victories and wins in the areas of life.

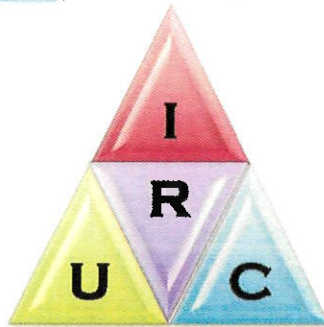
Remember that the Kingdom of God is solutions oriented training. As long as you have God’s unlimited wisdom within you, you always have an answer. Remember earlier we discussed that our minds perceive things as a whole and that everything we learn, decision we make and actions we take are subsystems creating the entire system of our life. This means winning involves creating patterns that influence our overall productivity as believers, husbands/wives, and professionals. Here is a winning pattern and formula for solving problems and creating lasting change with those winning solutions:

Jesus’ model for winning at life was summed in 3 core areas:



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In each respected area we experience challenges that can throw our entire life out of balance if a winning solution isn't applied. The formula for winning looks like this:



I: Identify- what the problem is. What is going wrong? Create laser focus on this problem and make it the target for a solution. Replace the existing lie with a new truth or pattern as your new operating system

R: Repetition- The only thing that creates persuasion is repetition. You will not step out on what you don't believe with all your heart. With your heart you are justified and make confession (Romans 10), so if you aren't convicted about new truth you won't say it and if you don't say it you won't do it.

U: Uniqueness- Creativity and innovation are at the heart of learning, winning and creating breakthrough strategies. Every person must walk their own path and realize the uniqueness of that path. Therefore God will not always do things the same with you as he did with others. Be open to new truth, changing strategies and also being "the first." If it hasn't been done, maybe you are supposed to be the first to do it. This is the heart of apostolic ministry, being the first to present a new truth.

C: Continued Coaching- always have a plan to sharpen your perspective on new truth. Where can you go to increase in your knowledge of the Kingdom, creating a Kingdom paradigm and manifesting that paradigm as a tangible reality to see? Be consistent and persistent about seeking out mentors, accountability relationships and other connections that will continue to build you up and cultivate new truth in you.

❖ **Stage 10: REPEAT THE PROCESS, STAGES 1-9.**

